



SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

VOL. 6, NO. 7

JULY, 1990

*SACWN Presents . . .*

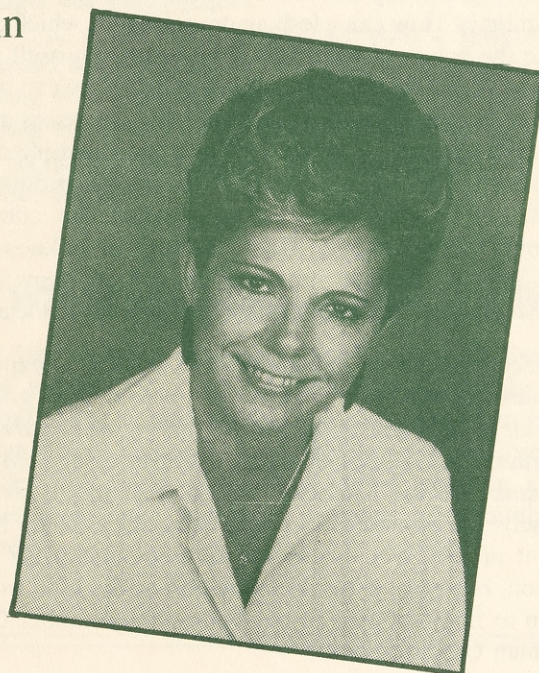
## **“BOARDROOM OR BEDROOM ... HOW TO MAKE IT HAPPEN!”**

with Jane Irwin

**Where:** Holiday Inn Holidome Northeast  
Madison and I-80

**When:** Friday, July 20th  
Registration: 6:30 p.m.  
Program: 8:00 p.m.  
Light Hors D'oeuvres will be served

**Tickets:** \$12.00 Pre-registered Students/Seniors/  
Disabled/Limited Income  
\$14.00 Pre-registered Subscribers  
\$16.00 Pre-registered non-Subscribers  
and at the door



\* \* \* \* \*

Join us for an exciting evening with Jane Irwin! Jane, a SACWN and BACWN member, will teach us successful communication techniques to improve our personal and professional lives. Jane's work specializes in establishing effective communication with co-workers, clients, and significant others, developing leadership skills, and developing

techniques for personal and professional growth. Jane will also share how she overcame her own fears to become an international speaker and consultant. Jane's openness and humorous style make her an exciting and inspirational speaker. Please join us for what promises to be a provocative and informative evening.



## Editorial

**SPEAK/OUT****CONFIDENTIALITY OR HOMOPHOBIA?**

SACWN has recently had several opportunities to be recognized as a lesbian organization by the local media, including the Sacramento Bee and the Gay Cable Channel. This has been nothing more than a request to profile SACWN as being part of the larger gay and lesbian political/social scene in Sacramento. When asked to respond, members of the Steering Committee have declined to identify SACWN as a lesbian organization of business and professional women. The tiresome response to the question of "Should SACWN be identified as a lesbian organization," has been that to do so would violate the confidentiality of the membership.

Who are we kidding? The confidentiality of the membership is not being threatened. Each woman has the right to define herself as she chooses and no organization or individual has the right to usurp that very personal civil right. What is being threatened is SACWN's ability to function politically and socially within the gay and lesbian community. How can a lesbian organization, which does not value the power of publically acknowledging itself as such, be respected within its own community? How can we work with other gay and lesbian organizations on issues affecting our civil rights if we won't unify the spirit and intent of the membership by identifying and acknowledging ourselves as lesbians? The real issue is to separate the concern of member confidentiality from the fear of acknowledging SACWN as a lesbian organization. We all know who we are, so does the Bee and probably the rest of the local media.

According to its Constitution, SACWN is expressly a lesbian organization. SACWN's purpose and goal is to *provide lesbians with a structure for sharing ideas and resources in order to actively promote networking and outreach to other lesbians*. We can't honestly accomplish this if we censor ourselves within our own community. It has never been the intent of SACWN to publish its membership list for *any* reason, however, it would be helpful to the new woman in town to find SACWN in the Yellow Pages under Gay and Lesbian Organizations.

There are worse things than publicly acknowledging SACWN as a lesbian organization. They are the current perceptions of SACWN as a closeted, separatist, and homophobic organization. So, be as confidently out or as confidentially in as you like. Come out when and to whom you choose. And at the next SACWN event, allow yourself to feel the power of belonging to a 600-member out and acknowledged lesbian organization.

*Speak/Out* is a regularly appearing editorial in the newsletter and does not necessarily reflect the views of the Steering Committee.

**COMING UP!**

Coming up Friday, August 24th, will be Betty Berzon, author of *Permanent Partners: Building Gay and Lesbian Relationships That Last*. Dr. Berzon is the author of numerous articles and books affirming a positive gay and lesbian identity, including "Sharing Your Lesbian Identity with Your Children," published in *Our Right to Love*, and "Developing a Positive Gay Identity," one of three chapters Dr. Berzon wrote in the book she edited, *Positively Gay: New Approaches in Gay and Lesbian Life*.

In anticipation of Betty Berzon's appearance in August, the SACWN book club has chosen *Permanent Partners* as its reading selection for July. See the SIG's page for meeting date and time.

**STEERING COMMITTEE**

AMANDA STENNICK Newsletter Coordinator (916) 451-3439	JESSE McGUINN Finance Coordinator (916) 363-5426
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SACWN, Inc. solicits letters regarding issues, concerns, etc. Please send letters signed to Editor, Amanda Stennick, 2033 36th St., Sacramento, CA 95817. Names will appear with prior approval. Letters may be edited due to space restrictions.

**NEWSLETTER STAFF**

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 2 Column inch (3 1/2" x 2" - Business Card size) - Member \$15<sup>00</sup>, Non-member \$22.50  
 2 Column inch (3 1/2" x 3") Member \$22.50, Non-member \$33.75  
 Classified Section - Member \$.20 per word, Non-member \$.30 per word.

NO ADS WILL BE TAKEN OVER THE PHONE OR AT SACWN EVENTS. PAY IN FULL IN ADVANCE AND SAVE 10% for 3 insertions or longer — SAVE 15% with 12 insertions.

All art and payment is due on the 2nd Tuesday of the month for next month's issue. Send to SACWN, Inc., P.O. Box 661332, Sacramento, CA 95866.



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## DON'T FORGET!

New Subscriber rates go into effect July 1, 1990. These rates apply to all new subscribers to SACWN. Existing subscribers will not see a change in their rates until their membership is up for renewal. When your current membership comes up for renewal, you will be asked to select one of three Subscriber categories: Regular (\$36/year); Student/Senior/Disabled/Limited Income (\$24/year); and Sustaining (\$48/year). Please be generous and support your organization!

## Cynthia Jannson Invited to the Soviet Union for Inner Peace/World Peace Exchange

Cynthia Jannson, SACWN member and Vivation professional, has been invited to the Soviet Union in August. She will participate in the first annual Inner Peace/World Peace Mission, involving people from the United States and the Soviet Union in an exchange of ideas and skills to create a dialogue for world peace.

The U.S. group will be meeting with a government-recognized healing group in the USSR. The purpose of the gathering is to exchange ideas on the power of Vivation, a breathing and relaxation technique to reduce stress, and to share individual missions for world peace. Good luck on your trip, Cynthia!

## SACWN Members Recognized by YWCA

The 1990 YWCA Woman of the Year awards honored several women from our SACWN community for their contributions to women's lives. Nominees from their respective categories included Anne Bersinger and Rosemary Metrailler in Law/Government, Leslie Elgood in Health Services and Linda Joplin in Activism. Congratulations women!

### Tommye Lynn Kepley

SACWN sadly acknowledges the passing of one of our special sisters, Tommye Lynn Kepley. Tommye served on the SACWN Board and organized countless picnics, outings, ballgames and holiday weekends for friends. We will miss her presence in our organization. If you would like to honor Tommye's memory, her family has asked that remembrances be made to the American Cancer Society, 350 Alhambra Blvd., Sacramento, CA 95817. Thank you Tommye for the spirit you shared with us.



## Book Club News

### Book Reviews by Bonne Holbrook

#### LIFESTYLES by Jackie Calhoun

This is one of Naiad Press's most recent attempts to produce a book and story with a bit more meat and reality than their usual genre of "potboiler" fiction. In it we are introduced to Kate Sweeney and Pat Thompson. Kate, newly divorced, finds herself responding in interesting ways to the many charms of school teacher and long-time lesbian, Pat. Pat has also recently left her relationship of many years and the pair's relationship begins in the sharing of their losses and need for friendship. However, in typical Naiad Press fashion, little book time is wasted and the two find their attraction quickly growing into something significant. The path of true love, though, is not an easy one. Pat's father has open heart surgery and Kate's brother reveals that he is diagnosed with AIDS. These are likeable characters, and the book, while predictable, is entertaining. I look forward to reading Ms. Calhoun's next effort.

#### DEATH DOWN UNDER by Claire McNab

This is a book for those of you who have enjoyed Ms. McNab's earlier works entitled *Lessons In Murder* and *Fatal Reunion* both featuring that dashing, and closeted, sleuth, Detective Inspector Carol Ashton. Carol's still with her lover, Sybil Quade, but the relationship's in trouble because Sybil wants more openness about the nature of their lifestyle. However Carol is balking out of fear of what this might do to her career as a media darling and star investigator. Gorgeous women abound, as well as do grisly murders, one right after the other. Quite frankly, I didn't like this book. Author McNab committed the cardinal sin of mystery novels, that of having the final and most important clue being something that only the protagonist could discover, i.e. "I saw the photograph and then I knew . . ." I like mystery novels I can solve and I prefer characters who can be at least a little bit engaging. *Death Down Under* features neither.

#### ANNOUNCEMENT

Three SACWN members, Amanda Stennick, Gretchen Jung, and Bonne Holbrook (aka Writer's Cramp) will be reading a selection of their own works ranging from poetry, through a one act play, to erotica. This exciting evening of local literary talent will be held at Lioness Books, 2224 J Street, at 7:00 p.m. on July 12. Hope ya'll can join us!

# Laurie

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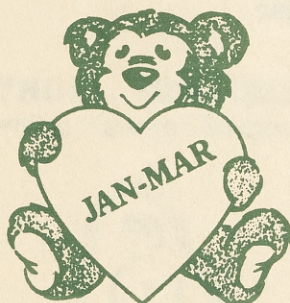
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## Paid Positions Open for Women's Music & Comedy Festival

West Coast Women's Music and Comedy Festival has paid positions for coordinators in the following areas: 1) Childcare, 2) Sign making, 3) Cooks, 4) Master Electrician, 5) Lifeguard, 6) Holistics.

The Festival is from August 30-September 3, but coordinators must be on the land Saturday, August 25 through Monday, September 3, 1990.

Send a resume or letter explaining experience ASAP to: WCWMCF, 15842 Chase St., Sepulveda, CA 91343, (818) 893-4075, FAX (818) 893-1593. Please enclose a self-addressed, stamped envelope.

## New Group Forming in Central Valley

The "Alternative Connection for Women in the Valley," a Stockton-based lesbian organization, will have their first get-together picnic in Stockton at Victory Park on Sunday, August 5th from 11 a.m. to 4 p.m. This new group is planning monthly events for San Joaquin Valley women and is looking for members and organizers. For further information, please call Alternative Connection at (209) 941-2611 and help put Stockton on the map!

## Overcome the Past — Embrace the Future

Groups Now Forming: Single Women — Couples

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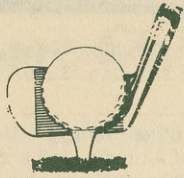
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The fact is, most golfers haven't yet learned the fun and easy-to-use techniques and strategies necessary to use the knowledge they already possess.

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The main topic for each of the evening sessions include:

**Wednesday, July 18: Achieving Exactly What You Want From Your Golf Game**

**Wednesday, July 25: Golfer's Mental Mechanics**

**Wednesday, August 1: Shooting Lower Scores**

**Wednesday, August 15: Developing a Permanent, Consistent Golf Swing**

**Wednesday, August 22: Removing Limitations to Golfing Success**

Location for each session will be:

**Richard B. Buhler Building, 2800 L Street, Sacramento**

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For More Information, Call Dori at (916) 399-1585 or 428-9401



## Special Interest Groups

The SIGGY this month goes to Sue of SINGLES and we also want to acknowledge the contributions of Sharon of ACA in this column. Due to a vote by S.I.G. facilitators, SIGGIES are being discontinued at this time. What we will be doing instead is recognizing the Special Interest Group facilitator who has contributed her energy, enthusiasm, hard work, etc. to SACWN as the facilitator of her S.I.G. group.

This month, we'd like to thank Joyce of the Bridge group for her excellent organizational skills and enthusiasm. Joyce has sent out a monthly newsletter updating subscribers of lesson and regular play dates. She has compiled and updated a "cheat sheet" we can use for bidding AND she's provided inspirational prizes for us *and* lessons to help us win them! We really appreciate your hard work and the contributions of your time, Joyce!

Ellie Zacks  
SIG Coordinator, 967-0611

Kathy Mullen  
Associate

### BRIDGE

The Bridge Brigade will be meeting in July on Friday, 13th and Friday, 22nd. Both games are at 7:00. Locations TBA. Call Joyce at 1-676-4317 for further details. The bridge marathon was a grand success with Marcia B. walking away with the top prize. Be sure to ask her what it was.

### GOLF

Golf dates are July 5 and 19. August dates are 2, 16 and 30. Call Jane Irwin for reservations, 424-3153.

### SINGLES ONLY

Personal ads are fast becoming a popular way for singles to meet. Ever placed an ad or thought about it? Know anyone who has? Join us for a lively evening of discussion about this and other single minded pursuits. Have fun trying your hand at writing an ad, or helping someone else write one. You don't

have to read between the lines to find out the Singles Group is also becoming a popular meeting place. We'll be having a variety of fun, interesting and non-threatening activities.

New to our agenda is "Cheap Date" Night. We'll be getting together on the last Friday of each month for games and refreshments. So gather up your poker chips, potato chips, and a chipper attitude and COME ON DOWN. The price is right.

Check us out. For specifics, call Sue at 927-8320.

### ACA/DYSFUNCTIONAL FAMILIES

The ACA step study meeting is still in progress while the members are steadily making progress. The major focus in July will be dealing with feelings and dysfunctional behaviors in healthy, effective ways. Call Sharon, 454-6056. The meetings in July are the 12th and 26th.

### OUTDOOR RECREATION

Outdoor Rec's get together once a month on a Saturday to do a special event. We have hiked and biked in the past and hope to do some water sports in July. Every Thursday from 6-7:30 we play tennis at McClatchy H.S. Call Ellen for details on our latest event. Again, we are thinking about going to Hearst Castle in the Fall, so if you are interested in joining, participating or planning, give Ellen a call at 441-7962.

### SELF-EMPLOYED WOMEN

The July meeting for self-employed women's group will be on Tuesday, July 17 at 7:30. For more details, call Aerial at 452-5503.

### LESBIAN MOTHERS AND KIDS

This group is being discontinued for now. There will be a final barbecue on July 8 — call Madlyn at 487-2726 for info. If you are interested in reconvening this group, call Ellie Zacks, 967-0611.

*Continued on page 8*

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# S.I.G.s

Continued from page 7

## BOOK CLUB

The book for July is *Permanent Partners* by Betty Berzon, Ph.D. Betty will be the featured speaker at the August program, so join us for an exciting discussion of her work on July 15 at 3:00 p.m. Call Gretchen at 922-6287 for directions.

## LATE BLOOMING LESBIANS

Have you just bloomed recently? Or are you just thinking about it? Feeling a bit older than other women already out? We have just the support group for you. This summer, to keep it simple, we will be meeting monthly on the third Tuesday at 7 p.m. for a potluck get-together. Please join us. July's hostess will be Bev. Call her for directions at 387-0526 or, for further information, call Dionne, 988-1498.

## RELATIONSHIP ADDICTION

Could you have an addiction? If it's not cigarettes, booze or drugs, could you be addicted to relationships? No one wants to think they have an addiction. Have you felt strongly that you **need** to have someone in your life or you feel incomplete? Or are you in an unhealthy relationship and just cannot end it? We may be what you need right now. We offer a support group that also does a 12 step study on relationship addiction. Contact person is Judie, 369-2034.

## CULTURE CLUB

What's to your liking? Movies: Camille or Steel Magnolias? Music: the opera, Kitaro, or k d lang? Plays: The Doll's House in Nevada City or Quilters at SCAT? Food: brunch at Green's in San Francisco or Chocolate Ripple for dessert? Museums: Modern Museum of Art or the carousel? We do it all. Join us. Call Ann, 927-6038.

## TOP TEN

This group for the 10% of SACWN members who are over 50 will meet on July 8 at the home of a member for a pool party and lesbian soap opera video. Come and join us for sun and fun. Call Ariel for directions, 483-9794.

## DAVIS OVER THIRTY GROUP

Wilting in the hot Davis sun? Come cool off — pool party and munchies. Sunday, July 22, 2-5 p.m. Call Chris, 758-0879 or Shelley, 753-0470 for location. See you there.

\*\*\*\* NEW GROUP \*\*\*\*

## SCUBA DIVERS

Summer's here and all divers interested in getting together, call Emily, 753-1918.

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**PROGRAM - FRIDAY, JULY 20th*****"Boardroom or Bedroom . . . How To Make It Happen!"***

Please make my reservations for the Program July 20, 1990

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Cost:		# of Tickets	Amt. Enclosed
Pre-registered Student/ Senior/Disabled/ Limited Income*	\$12.00	_____	_____
Pre-registered Subscribers	\$14.00	_____	_____
Pre-registered Non-Subscriber	\$16.00	_____	_____
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<b>TOTALS</b>		_____	_____

Make checks payable to SACWN, Inc. Send reservations, check or money order and a **self-addressed stamped envelope to: SACWN, Inc., P.O. Box 661332, Sacramento, CA 95866.**

\*LIMITED INCOME - SACWN, Inc. considers a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of their budget. SENIORS, STUDENTS, DISABLED - Age 65+ on Limited Income; Students 21+ on Limited Income; Disabled Citizens on Limited Income.



SACWN, Inc.  
P.O. Box 661332

